

Sermon Outline

Restless Series, Part 5

Psalm 25: Direction

Mark Mitchell

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Main Idea: In a busy and broken world our anxious hearts ache for rest. For the Christian, we have found it in our Savior Jesus Christ. In this 5-part series, we are looking at the way in which the Psalms point us to rest in God. In part 5, Mark closes out our series teaching that in Psalm 25 we are taught that *in times of trouble God graciously guides those who wait for him and trust in his goodness.*

Sermon Outline:

- I. The Nature of our Trouble
 - i. Threats from the outside, Turmoil on the inside
- II. The Focus of our Prayer
 - i. Deliverance, Relief, Guidance, Forgiveness
- III. The Basis of our Confidence
 - i. The Goodness of God
- IV. The Posture of our Hearts
 - i. Expectant, Humble, Reverent and Obedient *Faith*
- V. Conclusion: Praying this Prayer
 - i. For Ourselves and for Others

Key Verse:

*"Make me to know your ways, O LORD;
teach me your paths.*

*Lead me in your truth and teach me,
for you are the God of my salvation;
for you I wait all the day long."* Psalm 25:4-5

Fellowship Starters:

1. Read Psalm 25 and open in prayer.
2. Mark opened his sermon reflecting on the reality that life requires us to make many decisions and that life in a fallen world is very hard. Discuss how a reflection on these truths postures us to consider our need for God as a normal course of daily life and ongoing dependence on him.
3. Discuss your *present* "trouble." To what degree are you connecting the relationship between the *outer* trouble and the *inner* trouble that often accompanies it? How are you currently responding to this trouble?
4. In the midst of trouble, David turned to the LORD in prayer? What did David pray and how is that instructive for us? (See outline above under II.i.)
5. David was confident in coming to God in prayer because he was convinced of the *goodness* and *mercy* of his God. In light of the NT and our understanding of God in Jesus Christ, how much more confidence should we have to pray? Close your time with an extended time of prayer for each other.