

Sermon Outline

Restless Series, Part 2

Psalm 90: Security

Kevin Rogers

April 10, 2016

Main Idea: In a busy and broken world our anxious hearts ache for rest. For the Christian, we have found it in our Savior Jesus Christ. In this 5-part series, we are looking at the way in which the Psalms point us to rest in God. In part 2, Kevin teaches us that *“in a transient world, confidence in the power and love of God is the only way to feel secure.”*

Sermon Outline:

- I. God is our home
- II. Life is short
- III. Knowing God’s love and power makes us secure
 - i. It helps us to live wisely by understanding we won’t live forever
 - ii. It helps us to be satisfied with God’s love so that we’re happy despite our circumstances
 - iii. It helps us to see God’s power so were established

Key Quotes:

“Where does your heart find a home? Where do you turn for a sense of security? Your retirement plan? Your family? Your job? If your security rests in anything on earth, its not a matter of if it will let you down, but when.” -Kevin Rogers

*“Lord, **you** have been our dwelling place in all generations. Before the mountains were brought forth, or ever you had formed the earth and the world, from everlasting to everlasting you are God.”* Psalm 90:1-2

Fellowship Starters:

1. Read Psalm 90 and open in prayer.
2. What did Kevin mean that “God is our home?”
3. Psalm 90 was written by Moses hundreds of years before the Psalmist selected it to be in the canon of the Psalms. In the midst of the failure of the earthly Davidic monarchy, the Psalmist places this psalm here so as to ask Moses once again to pray for and remind God’s people that despite their circumstances, God is faithful to his covenant promises. What source of security is the Psalmist hoping the people will look to?
4. Death is never a popular topic of discussion. But it is inevitable and “life is short.” Discuss why Moses encourages us to “number our days?”
5. Kevin humbly spoke of a time when he experienced “panic attacks.” He spoke about how spending time actually reading, praying and meditating on the truths of who God is and reading several of the enthronement psalms helped him to find greater peace rather than panic. Ask members of your group to share their own experience of God’s grace, power and care in drawing near to God in His Word.
6. Close your time in prayer for one another, asking the Lord to help our restless hearts find rest in him.



Covenant Life Church

Sermon audio and outlines: www.covlife.org/resources