

**“Wisdom Guided Sexuality”**  
**Proverbs 5:1-23**  
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**Sunday, August 30, 2009**

**Key Points:**

1. **Pay close attention to God’s truth about sex (verses 1-2, 7)**
  - a. We think about sex all the time. But we don’t think about this topic enough in biblical terms or based on the truth of God’s word.
  - b. Why should we think about sex from God’s perspective?
    - i) First, it affects our marriages. Getting this wrong can ruin marriages, devastate our children and scandalize the church.
    - ii) Second, we are constantly being bombarded with false ideas about sexuality. We live in a culture saturated with lies about sex. It’s not enough to try and escape the lies, though we should do that. We need to saturate ourselves with truth.
  - c. Parents: we need to have more than one “talk” with your son or daughter when they turn 13. They need an ongoing conversation about God’s good plan for sexuality and His purpose for marriage. Through TV, movies and music, the world is having a lot more than one “talk” with them.
  - d. Singles: You need to think not only about God’s warnings against sexual sin but to also to have your mind renewed by truth about your sexuality. Give thanks to God for your sexuality. Reflect on the goodness of His plan within marriage and thank him for his wisdom in creating you a sexual creature.
    - a. Married Couples: At least once a year, study a book together that helps you learn or be reminded of God’s perspective on sex. Talk as a couple about how you can increase your delight and enjoyment of each other.
2. **Stay farther away from sexual temptation than you think necessary. (verses 3-14)**
  - a. After warning us of the bitter, sharp and deadly way of the forbidden woman, we are told to stay far from her. It doesn’t say keep away from her bedroom; it says don’t even get close to the door of her house. Staying far way means making sure our lifestyle (choices, decisions, things we watch or listen to, etc.) isn’t taking us close to temptation.
  - b. We shouldn’t plan our way based on being strong. We should chart our way assuming we will be weak when we meet temptation. Too often we flirt with temptation because we minimize or dismiss the consequences. But the consequences are serious and fatal (see verses 9-14). Below is a partial list of consequences of sexual sin, compiled by Randy Alcorn:
    - i) Grieving my Lord; displeasing the One whose opinion most matters.

- ii) Dragging into the mud Christ's sacred reputation.
- iii) Loss of reward and commendation from God.
- iv) Having to one day look Jesus in the face at the judgment seat and give an account of why I did it. Forcing God to discipline me in various ways.
- v) Untold hurt to my spouse, my best and loyal friend.
- vi) Loss of my spouse's respect and trust.
- vii) Hurt to and loss of credibility with my children ("Why listen to a man or woman who betrayed us?")
- viii) Shame to my family.
- ix) Shame to my church family.

### 3. Diligently delight in marital intimacy (verses 15-19).

- a. The greatest deterrent against the forbidden is delight in the goodness of God's plan for sex. God created sexual intimacy as a pure and good gift for a husband and wife.
- b. These verses call us to very specific and purposeful action:
  - i) Married men: there is a call to exert ourselves, to plan and to take initiative. We are called to rejoice over our wives and to stir up feelings of joy over the gift of our wives. God also commands us to exclusivity in our delight. It doesn't say "let the female body in general" fill you with delight. It says, "let her...let your wife's body" fill you with delight. God is calling men to fight for delight in one woman—their bride.
  - ii) Single men: Don't carry into your marriage bed images or memories of other women. Guard your eyes today...run from internet pornography...be ready to turn the TV off...be careful about the movies you watch. Practice this now and preserve yourself for one special woman.
  - iii) Women: God has given each of you a very precious and powerful gift of your female sexuality. You have the power to allure, to get his attention, to seduce and lead him astray. But God has given this to you so you can be intoxicated with only one man—your husband. Are you making time to make love and delight in each other?

### Fellowship Starters:

1. What practical steps can you take to learn God's truth and perspective on sex? (What Scriptures can you study? What books can you read? Parents: what plans can you put in place to have an ongoing conversation with your kids?)
2. Josh taught us that we should stay farther away from sexual temptation than we think is necessary (Prov. 5:8). Are there ways that that you are flirting with and getting near to temptation? What can you do to run as far away as possible? Who should you inform? Who can help you in the battle?
3. Proverbs 5:15-19 calls us to very specific and purposeful action:

- a. Married men: Are you purposefully initiating and planning times of physical intimacy? Are you rejoicing and delighting in God's gift of your wife?
  - b. Married women: Are you purposeful to delight and be intoxicated in your husband's love? Are other things (kids, work, projects, entertainment, etc.) robbing you of your time and attention to delight in each other?
  - c. Single men: Are you guarding your eyes, heart and mind today in anticipation of giving yourselves exclusively to one woman in the future?
  - d. Single women: Does your dress and demeanor attempt to allure men sexually or do they reveal a heart devoted to loving and glorifying God?
4. If you have sinned in this area, how can you daily flee to the cross and receive forgiveness and the power to live pure and upright lives?