

TRUE BEAUTY
Carolyn Mahaney

Prior to the meeting:

Encourage the ladies of your group to listen again to Carolyn's message.
Available at:

<http://www.covlife.org/resources/288464-Beauty>

Discussion Questions:

1. Consider your *perspective of beauty* prior to hearing Carolyn's message. What have been the primary shaping influences in your life?
2. Carolyn shared how the voices of our culture tell us "what we ought to look like." What are some *lies regarding beauty* that our culture offers us?

Ex: If you are beautiful then you will experience true love.

3. Do you remember the two steps of a "godly woman's beauty regimen"?
 - a. *She trusts God.* (Do your thoughts and actions reveal that you trust God for your appearance?)
 - b. *She adorns herself with good works.* (Is there someone in the church who has encouraged your walk through her good works?)
4. Have two ladies read 1 Peter 3:3-4 and 1 Cor. 6:19-20 aloud. After hearing those passages, in what 1 or 2 specific ways do you believe God desires to *correct and transform your view* of beauty and your body?

Prayer:

End by expressing your trust in God's wisdom and goodness in how he made you and your appearance. Pray together for the Lord's perspective of beauty to define you and the ladies of your care group. Pray that the truth that you were bought at a price (the death of Christ) would lead you to honor God with your bodies.